

Grouper

Epinephelinae

Country of Origin:	Indonesia/Vietnam	
Wild or Farmed:	Wild caught	
Harvest Method:		
Pack size:	1x10lbs	
Ti x Hi	10x10	
Fresh or Frozen:	Frozen	
Sustainability Rating:		
<u>Key Notes:</u>	IQF	
<u>Description</u>	<u>HSC Product codes:</u>	<u>UPC Code:</u>
Grouper, Fillet 6-8oz	#002073	636880 002959
Grouper, Fillet 8-10oz	#002074	
Grouper, Fillet 10-12oz		636880 002300



Cooking Tips:

Sprinkle a mix of **dried fennel seed, basil, red pepper, garlic,** and parsley. Then, drizzle a little olive oil and some fresh lemon juice over the fresh grouper.

Hack: Wrap your fillet with an aluminum foil to keep it fresh and juicy – giving your culinary masterpiece an added flavor

